



YOGA @ CINDY'S



Come Take Class With The Y@C Teacher Training Class of 2017

It seems like the past 3 months have FLOWN by but our teacher trainees are about to leave the nest! As part of their final training, they will be teaching donation-based* classes the morning of Sunday, May 7th at our Lawrence studio.

Offerings:

- 8:00am-9:00am - Amanda, Manasa, and Katherine
- 9:15am-10:15am - Melissa, Lilia, and Vicky
- 10:30am-11:30am - Ly, Celine, and Cynthia
- 11:45am-12:45pm - Radhika, Mirka, and May

All 4 classes are donation based benefitting [PRERNA2Inspire](#), a non-profit organization focused on the humanitarian efforts of enabling refugee families from conflict countries across the globe the opportunity to lead a sustainable life on arrival in the US.

If you are new to our studio please [create a profile](#) online before Sunday to streamline the sign in process!

Come flow with us!

*We ask that you make a \$5 donation minimum to attend class - all proceeds will go directly to PRERNA.

[Register Now!](#)